

NAEAP Quick Start Guide to Elder Safety



Elder abuse is more common than most people realize. Studies suggest that 1 in 10 older adults experience some form of abuse each year, yet most cases go unreported. Many caregivers and family members act with the best intentions, but even well-meaning actions can sometimes unintentionally cause harm. At NAEAP, our goal is to prevent elder abuse before it ever happens and support families in keeping loved ones safe, respected, and well cared for. You are not alone, and taking steps to understand, monitor, and advocate for elder safety can make a life-changing difference.

NAEAP provides a variety of tools and resources to help families get started. Our digital checklists, red flag articles, and educational guides help you recognize early warning signs of abuse, track care, and communicate effectively with caregivers. Families can also explore our directory of NAEAP Partners and members to connect with local resources, verified care providers, and community organizations. By leveraging these tools, documenting observations, and engaging with care teams, you can confidently ensure your loved one's safety. Remember, staying informed, asking questions, and trusting your instincts are powerful ways to protect older adults. Together with NAEAP's resources and support, you can help create a safer, more respectful environment for every elder.